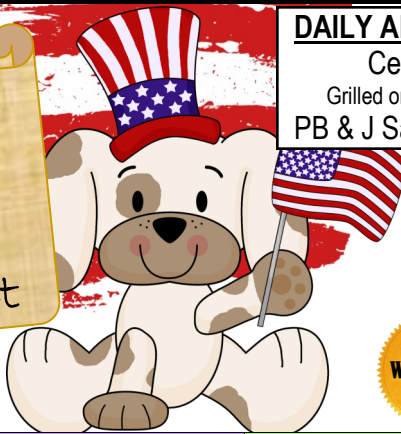




May Lunch Menu

Tabernacle School District



DAILY ALTERNATES:

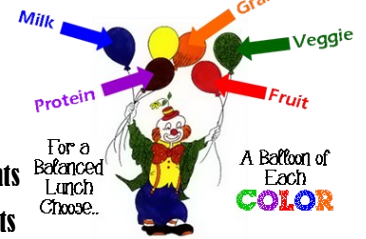
- Cereal Bag
- Grilled or Chicken Patty
- PB & J Sandwich

Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)

Includes 2 Fruit & 2 Veggie Choices!
You must choose at least 1 fruit or veggie.

BALLOONS

For a Balanced Lunch!



Daily Fruit Offerings:

Fresh, Cupped, 100% Juice
All Salads Come With a Grain.
Click here to view your lunch account:
www.schoolpaymentportal.com



= Gluten-Free Ingredients

= Vegetarian Ingredients

All American Monday! I LOVE the USA American Classics!	Fun Flavors Tuesday! AKA: Taco Tuesday! Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
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Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
Philly Cheese Steak On a Torpedo Roll OMS/TES: Chicken Nuggets Chicken Caesar Salad <u>Sides:</u> French Fries Carrots w/ Ranch	Asian Chicken Over Rice OMS/TES: Cheese Pizza Buffalo Chicken Salad <u>Sides:</u> Steamed Broccoli Cucumber w/ Ranch	Turkey Pot Pie In a Bread Bowl OMS: Ham & Cheese Sub Garden Salad w/ Egg <u>Sides:</u> Sweet Potatoes Toasty Bean Bites	Hot Ham & Cheese On a Pretzel Bun OMS: Buffalo Chicken Wrap Asian Chicken Salad <u>Sides:</u> Rainbow Veggie Medley Broccoli Bites w/ Ranch	French Bread Pizza By The Slice OMS: Assort. Deli Chicken Garden Salad w/Goldfish <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/ Ranch
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
Pancakes w/ Sausage OMS/TES: Chicken Nuggets Chicken Caesar Salad <u>Sides:</u> Tator Tots Carrots w/ Ranch	Spaghetti w/ Garlic Breadstick OMS/TES: Cheese Pizza Buffalo Chicken Salad <u>Sides:</u> Gotta Get Em Green Beans Cucumber w/ Ranch	Cheese Burger On a Bun OMS: Turkey & Cheese Kaiser Garden Salad w/ Egg <u>Sides:</u> Baked Beans Toasty Bean Bites	Popcorn Chicken w/ a Biscuit OMS: Buffalo Chicken Wrap Asian Chicken Salad <u>Sides:</u> Rainbow Veggie Medley Broccoli Bites w/ Ranch	Pizza Dippers w/ Sauce OMS: Assort. Deli Chicken Garden Salad w/Goldfish <u>Sides:</u> Julius Caesar Salad Mixed Patch w/ Ranch
Nat'l Choc Chip Cookie Day!	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
Ham, Egg & Cheese On a Bun OMS/TES: Chicken Nuggets Chicken Caesar Salad <u>Sides:</u> Tator Tots-Choc Chip Cookie Carrots w/ Ranch	Nachos Grande w/ Corn Chips & Toppings OMS/TES: Cheese Pizza Buffalo Chicken Salad <u>Sides:</u> Super Sweet Corn Cucumber w/ Ranch	Hot Dogs On a Bun OMS: Ham & Cheese Sub Garden Salad w/ Egg <u>Sides:</u> French Fries Toasty Bean Bites	Chicken Parmesan w/ Pasta OMS: Buffalo Chicken Wrap Asian Chicken Salad <u>Sides:</u> Rainbow Veggie Medley Broccoli Bites w/ Ranch	Stuffed Crust Pizza By The Slice OMS: Assort. Deli Chicken Garden Salad w/Goldfish <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/ Ranch
Nat'l Vanilla Pudding Day!	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday-May 26
Mozzarella Stick w/ Pasta & Parmesan OMS/TES: Chicken Nuggets Chicken Caesar Salad <u>Sides:</u> Sweet Potatoes-Vanilla Pudding Carrots w/ Ranch	Asian Chicken Over Rice OMS/TES: Cheese Pizza Buffalo Chicken Salad <u>Sides:</u> Steamed Broccoli Cucumber w/ Ranch	Ham & Cheese Sub w/ Lettuce & Tomato OMS: Turkey & Cheese Kaiser Garden Salad w/ Egg <u>Sides:</u> Carrots Toasty Bean Bites	Roasted BBQ Chicken w/ Gravy OMS: Buffalo Chicken Wrap Asian Chicken Salad <u>Sides:</u> Mashed Potatoes-Patriotic Parfait Broccoli Bites w/ Ranch	1/2 Day No Lunch Served
Monday-May 29	I LOVE the USA!	Wednesday-May 31	Lunch Prices: Regular Lunch \$2.80 Extra Entrée: \$2.00 Reduced: \$0.40 Adult: \$4.00 Milk: \$0.55 *Menu subject to change. Food Service Director: Lisa Bogert TAB@nsfm.com Phone: 609-268-0153 ext 1027 Look for snacks, nutrition & menu descriptions posted on the school website! Milk: Skim White, Fat-Free Chocolate, Fat-Free Strawberry, 1% White, Lactaid This institution is an equal opportunity provider.	
Memorial Day No School "My fellow Americans, ask not what your country can do for you- ask what you can do for your country!" -John F. Kennedy	All American Burger w/ Cheese on a Bun OMS/TES: Cheese Pizza Buffalo Chicken Salad <u>Sides:</u> Baked Beans Cucumber w/ Ranch	Meatball Parmesan On a Torpedo Roll OMS: Ham & Cheese Sub Garden Salad w/ Egg <u>Sides:</u> Sweet Potatoes Toasty Bean Bites		